

GREY BRUCE HEALTH NETWORK

**CHRONIC OBSTRUCTIVE
PULMONARY DISEASE (COPD)
TEACHING CHECKLIST**

- | | | | |
|-------------------------------------|-------------------------------------|--------------------------------------|------------------------------|
| <input type="checkbox"/> Chesley | <input type="checkbox"/> Lions Head | <input type="checkbox"/> Southampton | <input type="checkbox"/> HDH |
| <input type="checkbox"/> Durham | <input type="checkbox"/> Markdale | <input type="checkbox"/> Tobermory | |
| <input type="checkbox"/> Kincardine | <input type="checkbox"/> Meaford | <input type="checkbox"/> Wiarton | |
| <input type="checkbox"/> Walkerton | <input type="checkbox"/> Owen Sound | | |

PATIENT ID

Resources:

- The BreathWorks™ Plan Booklet
- Deep Breathing and Coughing Handout
- Smoking Cessation Flowchart
- Canadian Cancer Society - Smoking Booklets
- Inhaler Checklist

	COMMENTS (i.e. patient understanding)	DATE	INITIAL
What is COPD? (page 3)			
Managing COPD (page 9)			
When to call the doctor			
MEDICATIONS (page 15)			
i) How to use puffers (Inhaler Checklist)			
Deep Breathing and Coughing (see handout)			
Home O ₂ (O ₂ manufacturers information)			
Lifestyle Changes (page 12)			
Smoking Cessation (pg 15 & 16) (Smoking Booklets)			
Vaccinations (page 22)			
Follow up with doctor / tests			
Action Plan			