



Grey Bruce Health Network

### CONGESTIVE HEART FAILURE TEACHING CHECKLIST

SITE: GBHS- Owen Sound

PATIENT ID

Resources: Heart and Stroke Foundation Booklet "Managing Congestive Heart Failure"  
Community Resources - Cardiac Programs  
Education Materials Given to Patient: Yes

<u>LEARNING GOALS:</u> Patient Shows Understanding	COMMENTS (i.e. patient understanding)	DATE	INITIAL
CONGESTIVE HEART FAILURE (CHF) CAN BE MANAGED (Page 3)		July 5 <sup>th</sup> 2006	JBRW
READINESS TO LEARN (Page 4)	Pt eager to learn but needs small sections/areas	July 5 <sup>th</sup> 06	MYB
UNDERSTANDING CONGESTIVE HEART FAILURE (Pages 5-8)		July 6 <sup>th</sup> 06	JBRW
CONGESTIVE HEART FAILURE MANAGEMENT (Pages 9-14)		July 6 <sup>th</sup> 06	JBRW
MEDICATIONS (Pages 15-22)	Has a pill dispenser	July 6 <sup>th</sup> 06	JBRW
NUTRITION AND HEALTHY EATING (Pages 23-29)		July 6 <sup>th</sup> 06	JR
PHYSICAL ACTIVITY (Pages 31-33)		July 5 <sup>th</sup> 06	JBRW
STRESS MANAGEMENT (Pages 35-37)	Has supportive family	July 7 <sup>th</sup> 06	JBRW
COMMUNITY RESOURCES (Pages 39-41) <input checked="" type="checkbox"/> Community Resources (Cardiac Programs)		July 7 <sup>th</sup> 06	MYB

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