



Grey Bruce  
Health Network

## ACUTE CORONARY SYNDROMES TEACHING CHECKLIST

SOUTH BRUCE GREY HEALTH CENTRE  
Chesley Durham Kincardine Walkerton

PATIENT ID

Resources: Heart and Stroke Recovery Road Binder      Education Materials Given to Patient: Yes   
 Community Resources - Cardiac Programs  
 Other Heart and Stroke pamphlets as needed

<u>LEARNING GOALS:</u> Patient Shows Understanding	COMMENTS (i.e. patient understanding)	DATE	INITIAL
<b>Normal Coronary Circulation</b> Resource: <input checked="" type="checkbox"/> Recovery Road Binder (Section 1)		July 7/06	MYER
<b>Diagnosis</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 1) <input type="checkbox"/> Coronary Artery Disease: A guide to Symptoms, Tests and Treatments <input type="checkbox"/> Living with Angina	Patient has ability to respond to questions. Regarding diagnosis indicating understands the diagnosis's	July 7/06	MYER
<b>Activity Level</b> Resources: <input checked="" type="checkbox"/> Clinical Pathway <input checked="" type="checkbox"/> Patient Pathway		July 4/06 /06	MYER
<b>Explanation of MI</b> <b>OR</b> <b>Causes, Signs, Symptoms of</b> <b>Angina</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 3) <input type="checkbox"/> Living with Angina		July 7/06	MYER
<b>Healing Process After an MI</b> <b>OR</b> <b>Treatment of CAD and Angina</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 2,4) <input type="checkbox"/> Living with Angina <input checked="" type="checkbox"/> Coronary Artery Disease: A guide to Symptoms, Tests and Treatments		July 7/06	MYER

<b>LEARNING GOALS:</b>	<b>COMMENTS (i.e. patient understanding)</b>	<b>DATE</b>	<b>INITIAL</b>
Patient Shows Understanding			
<b>Emotional Reactions of Patient and Family</b> Resource: <input checked="" type="checkbox"/> Recovery Road Binder (Section 4)	<i>coping well with diagnosis</i>	<i>July 5/06</i>	<i>Mygrw</i>
<b>Myocardial Infarction and Angina (Unstable vs Stable)</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 3) <input checked="" type="checkbox"/> Pamphlet - Coronary Artery Disease (Pages 8-9)		<i>July 5/06</i>	<i>Bjrw</i>
<b>Risk Factors of Heart Disease</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 2) <input checked="" type="checkbox"/> Pamphlet - Take Control: Actions to Lower Your Risk	<i>Pt is receptive to decreasing risk factors and welcomed information.</i>	<i>July 7/06</i>	<i>Mygrw</i>
<b>Modifications to Lifestyle</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 2) <input checked="" type="checkbox"/> Pamphlet - Take Control: Actions to Lower Your Risk		<i>July 6/06</i>	<i>Bjrw</i>
<b>Smoking Cessation</b> Resource: <input checked="" type="checkbox"/> Recovery Road Binder (Section 2)	<i>Has not smoked in hospital and does not require any further help to quit.</i>	<i>July 6/06</i>	<i>Bjrw</i>
<b>Medication Therapy</b> Resource: <input checked="" type="checkbox"/> Recovery Road Binder (Section 5)		<i>July 7/06</i>	<i>BS</i>
<b>Resuming Sexual Activity</b> Resource: <input checked="" type="checkbox"/> Recovery Road Binder (Section 4)		<i>July 27/06</i>	<i>Mygrw</i>
<b>Knowing When to Get Help</b> Resource: <input checked="" type="checkbox"/> Living with Angina		<i>July 5/06</i>	<i>Bjrw</i>
<b>Discharge Planning</b> Resources: <input checked="" type="checkbox"/> Recovery Road Binder (Section 3, 6) <input checked="" type="checkbox"/> Community Resources (Cardiac Programs) <input type="checkbox"/> Other Heart and Stroke pamphlets as applicable		<i>July 8/06</i>	<i>Mygrw</i>

All rights reserved. No part of this document may be reproduced or transmitted, in any form or by any means, without the prior permission of the copyright owner.