



FRACTURED HIP TEACHING CHECKLIST

- | | | | |
|-------------------------------------|--------------------------------------|--------------------------------------|------------------------------|
| <input type="checkbox"/> Chesley | <input type="checkbox"/> Lion's Head | <input type="checkbox"/> Southampton | <input type="checkbox"/> HDH |
| <input type="checkbox"/> Durham | <input type="checkbox"/> Markdale | <input type="checkbox"/> Tobermory | |
| <input type="checkbox"/> Kincardine | <input type="checkbox"/> Meaford | <input type="checkbox"/> Wiarton | |
| <input type="checkbox"/> Walkerton | <input type="checkbox"/> Owen Sound | | |

PATIENT ID _____

Resources: Information for patients who have had surgery for a Fractured Hip
Working Together To Prevent Falls

If hip replaced: Total Hip Replacement Patient Education Booklet

<u>MOBILITY</u>	COMMENTS (i.e. patient understanding)	DATE	INITIAL
Hip Precautions			
Weight Bearing Status Full <input type="checkbox"/> Fewb <input type="checkbox"/> Partial <input type="checkbox"/> None <input type="checkbox"/>			
Exercises			
Lift to sit under "home" conditions			
Transfers			
Ambulation/use of walking aides <input type="checkbox"/> Standard Walker <input type="checkbox"/> Crutches			
Stairs Railing yes/no			
<u>MEDICATION</u>			
Anticoagulant			
Changes to Medication Regimen			
Pain Management			
<u>ADL</u>			
Dressing in Street Clothes			
Dressing Training			
Equipment Needs			
Home Environment			
Hygiene Needs - Tub transfers, showering			
<u>ROUTINE POST-OP TEACHING</u>			
Deep Breathing and Coughing			
Calf Pumping			
Signs & Symptoms of Phlebitis			
Wound Care			
Wound Infection			

All rights reserved. No part of this document may be reproduced or transmitted, in any form or by any means, without the prior permission of the copyright owner.