

PROCESS	EMERGENCY	ADMISSION
ASSESSMENT	We will be assessing your temperature, blood pressure, pulse, respirations and oxygen level. We will assess your level of pain. We will listen to your chest.	We will be checking your temperature, blood pressure, pulse and oxygen level often throughout the day. We will assess your level of pain. We will listen to your chest. You will be asked about your medical history.
TESTS	We will do some blood tests to help diagnose your chest pain. An Electrocardiogram (ECG) will be done. An x-ray of your chest may be done.	We will do some more blood tests to help diagnose your chest pain. An Electrocardiogram (ECG) will be repeated later today. An x-ray of your chest will be done, if not done in the emergency room.
MEDICATIONS	You will be given a chewable aspirin to help decrease the stickiness of your blood. You may receive intravenous medications. You will be asked about your regular daily medications you take at home. You should not take any of these while in hospital unless notified otherwise.	You may receive intravenous medications.
TREATMENTS	You may have oxygen by prongs in your nose or a mask.	You may need oxygen for the rest of the day.
NUTRITION		You may be on a fluid diet today or a Healthy Heart Diet. This will be explained to you.
ACTIVITY	You may be restricted to bed rest today.	You may be restricted to bed rest today.
EDUCATION	A nurse will explain how to describe your pain and the importance of telling the nurse if you have pain.	You will be told about the hospital unit routines, and we will review the pain scale and the importance of telling the nurse if you have pain. We will introduce the Patient Pathway to you.
DISCHARGE PLANNING	You will be admitted to the hospital. You may be admitted to the Intensive Care Unit or a unit that uses monitors to watch your heart.	

FIRST DAY	DAY 2	DAY 3
We will be checking your temperature, blood pressure, pulse and oxygen level often throughout the day. We will assess your level of pain. We will listen to your chest.	We will be checking your temperature, blood pressure, pulse and oxygen level often throughout the day. We will assess your level of pain. We will listen to your chest.	We will be checking your temperature, blood pressure, pulse and oxygen level often throughout the day. We will assess your level of pain. We will listen to your chest.
We will do another Electrocardiogram (ECG) and repeat if you have any more chest pain. We will do some more blood tests.	We will do another Electrocardiogram (ECG) and repeat if you have any more chest pain. We will do some more blood tests.	We will do another Electrocardiogram (ECG) and repeat if you have any more chest pain. We may do some more blood tests.
You will be given medications as ordered by the doctor. You should understand the need to report pain to your nurse.	You will be given medications as ordered by the doctor. The nurse may review the use of Nitroglycerin with you.	You will be given medications as ordered by the doctor. You should understand how to take Nitroglycerin.
You may be taken off oxygen if you no longer have any pain.		
You will be on a Healthy Heart Diet.	You will be on a Healthy Heart Diet.	You will be on a Healthy Heart Diet.
You should be able to sit up for meals today and will be assisted to bathe.	You should be up and walking around your room and possibly in the hall. You may have the opportunity to shower.	You should be up and walking around your room and in the hall. You may have the opportunity to shower.
A nurse will go through your "Recovery Road Binder" and other educational materials with you.	A nurse will go through your educational materials with you.	A nurse will go through your educational materials with you.
	If you were admitted for Angina, you may be discharged today. This will be discussed with you and your family.	You may be transferred to another unit today.

PROCESS	DAY 4	HOSPITAL DISCHARGE
ASSESSMENT	We will be checking your temperature, blood pressure, pulse and oxygen level throughout the day. We will assess your level of pain. We will listen to your chest.	
TESTS	We will do another Electrocardiogram (ECG) if you have any more chest pain.	
MEDICATIONS	You will be given medications as ordered by the doctor.	Your medications will be reviewed.
TREATMENTS		
NUTRITION	You will be on a Healthy Heart Diet	You will receive a telephone call from the Dietitian if you did not see him or her during your hospital stay.
ACTIVITY	You should be up and walking around your room and in the hall. You may have the opportunity to shower. You may have the opportunity to practice stairs today.	Activity levels for home will be reviewed.
EDUCATION		If you have any questions before you are discharged, be sure to ask the nurse.
DISCHARGE PLANNING	If you were admitted for Heart Attack, you may be discharged today. This will be discussed with you and your family.	Follow up appointments will be made before you go home.



EVIDENCE-BASED CARE PROGRAM

**ACUTE CORONARY SYNDROMES
(Heart Attack or Angina)
PATIENT PATHWAY**